


JANUARY 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
LOCATIONS & HOURS				
<p>Low Center Hours (LC)</p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p>	<p>Front Street Crossing (FSC)</p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p>	<p>1</p> <p style="font-size: 2em; font-weight: bold;">CLOSED</p> <p>for New Year's Day</p>	<p>2</p> <p>Main Entrée* Smoked Sausage Black Eyed Peas Mixed Greens Wheat Roll Cookie</p> <p>Café Entrée Parmesan Steak Bites</p> <p>Café Fresh Salad Cheryl's Choice</p>	<p>3</p> <p>Main Entrée* Barbecued Chicken Thighs Coleslaw Fire Roasted Corn Wheat Roll Fruit</p> <p>Café Entrée Italian Melt</p> <p>Café Fresh Salad Vegetable Tray w/ Dip</p>
<p>.....</p> <p style="background-color: #c8e6c9; padding: 5px;">Chestnut Towers Apartments Meals* served daily by reservation only - call the COA for more information.</p>				
<p>6</p> <p>Main Entrée* Pot Roast Stew Vegetables Rosemary Redskin Potatoes Wheat Bread Applesauce</p> <p>Café Entrée Boneless Chicken Wings</p> <p>Café Fresh Salad Cottage Cheese & Fruit</p>	<p>7</p> <p>Main Entrée* Chicken Tenders Mashed Potatoes & Gravy California Blend Vegetables Wheat Roll Pudding</p> <p>Café Entrée Meatloaf</p> <p>Café Fresh Salad COA Salad</p>	<p>8</p> <p>Main Entrée* Pork Tenderloin Rice Stewed Tomatoes Wheat Bread Mixed Fruit</p> <p>Café Entrée Chicken Tinga</p> <p>Café Fresh Salad Beef Taco Salad</p>	<p>9</p> <p>Main Entrée* Ravioli in Sauce Italian Vegetables Garlic Toast Pears</p> <p>Café Entrée Grilled Chicken Sandwich</p> <p>Café Fresh Salad Chef's Choice</p>	<p>10</p> <p>Main Entrée* Fish Sticks Maple Roasted Sweet Potatoes Spinach Wheat Roll Pie</p> <p>Café Entrée Barbecued Meatballs</p> <p>Café Fresh Salad Turkey Craisin Salad</p>
<p>13</p> <p>Main Entrée* Sweet & Sour Chicken Fried Rice Oriental Vegetables Fortune Cookie</p> <p>Café Entrée Grilled Ham & Cheese</p> <p>Café Fresh Salad Caesar Salad</p>	<p>14</p> <p>Main Entrée* Polish Sausage Sauerkraut Peas & Pearl Onions Whole Wheat Bun Yogurt</p> <p>Café Entrée Chef Garcia's Chili</p> <p>Café Fresh Salad Greek Salad</p>	<p>15</p> <p>Main Entrée* Shepherd's Pie Mixed Vegetables Choice of Bread Tropical Fruit</p> <p>Café Entrée Breakfast Burrito</p> <p>Café Fresh Salad Custom Salad</p>	<p>16</p> <p>Main Entrée* Sloppy Joe Rosemary Redskin Potatoes Corn Wheat Bun Peaches</p> <p>Café Entrée Fish & Chips</p> <p>Café Fresh Salad Cheryl's Choice</p>	<p>17</p> <p>Main Entrée* Beer Battered Tilapia Coleslaw Peas & Pearl Onions Wheat Roll Carrot Cake</p> <p>Café Entrée Chicken Salad Sandwich</p> <p>Café Fresh Salad Crispy Chicken Salad</p>
<p>20</p> <p style="font-size: 2em; font-weight: bold;">CLOSED</p> <p>in honor of Martin Luther King Jr. Day</p>				
<p>21</p> <p>Main Entrée* Pulled Pork on a Bun Macaroni & Cheese Corn Cookie</p> <p>Café Entrée Mostaccioli</p> <p>Café Fresh Salad Buffalo Chicken Salad</p>	<p>22</p> <p>Main Entrée* Lasagna Italian Vegetables Breadstick Jello</p> <p>Café Entrée Tuna Salad Croissant</p> <p>Café Fresh Salad Cottage Cheese & Fruit</p>	<p>23</p> <p>Main Entrée* Cheeseburger on a Bun Lettuce / Tomato / Pickle Roasted Potatoes Pineapple</p> <p>Café Entrée BLT Wrap</p> <p>Café Fresh Salad COA Salad</p>	<p>24</p> <p>Main Entrée* Chef Garcia's Chili w/ Beans Roasted Peppers & Onions Cornbread Pudding</p> <p>Café Entrée Popcorn Chicken</p> <p>Café Fresh Salad Steak Salad</p>	
<p>27</p> <p>Main Entrée* Sweet & Sour Pork Rice Oriental Vegetables Fortune Cookie</p> <p>Café Entrée Beef Quesadilla</p> <p>Café Fresh Salad BLT Salad</p>	<p>28</p> <p>Main Entrée* Enchiladas Spanish Rice Refried Beans Rice Pudding</p> <p>Café Entrée Salisbury Steak</p> <p>Café Fresh Salad Cheryl's Choice</p>	<p>29</p> <p>Main Entrée* Pulled Chicken on a Bun Maple Roasted Sweet Potatoes Three Bean Salad Cake</p> <p>Café Entrée Sonoran Hot Dog</p> <p>Café Fresh Salad Beef Taco Salad</p>	<p>30</p> <p>Main Entrée* Spaghetti w/ Meat Sauce Italian Vegetables Garlic Toast Peaches</p> <p>Café Entrée French Dip</p> <p>Café Fresh Salad Pita Salad</p>	<p>31</p> <p style="background-color: #f8bbd0; padding: 5px;">Luuu</p> <p>Main Entrée* Huli Huli Chicken Coconut / Pineapple Rice Lau Lau Greens Banana Cake</p> <p>Café Entrée Macaroni & Cheese</p> <p>Café Fresh Salad Tuna Salad</p>

Menu is subject to change without notice.
***Daily vegetarian lunch option available upon request.*



Area Agency On Aging
REGION IV

Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA.
(Suggested Donation per Meal: \$4.00)