

February 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Main Entrée* Spaghetti & Meat Sauce Sautéed Broccoli Sautéed Peppers & Peas Breadstick Peaches	Main Entrée* Chicken Fajitas Black Beans Mexican Rice Tortilla Fruit Jello	Main Entrée* Carolina Pulled Pork Basil Tomatoes California Vegetables Bun Applesauce	Main Entrée* Swedish Meatballs Noodles Brussels Sprouts Salad Mixed Fruit	Main Entrée* Fish Sandwich w/ Melted Cheese Potatoes Winter Blend Vegetables Whole Wheat Bun Citrus Mix
8	9	10	11	12
Main Entrée* Turkey Chili Roasted Red Potatoes Coleslaw Crackers Pineapple	Main Entrée* Ravioli w/ Marinara Side Salad Tuscan Vegetables Breadstick Fruit Yogurt	Main Entrée* Boneless Roasted Pork w/ Mushroom Gravy Mashed Potatoes Creamed Peas Orange	Main Entrée* Chicken, Broccoli & Rice Casserole Basil Tomatoes Green Beans Pears	Valentine's Day Meal Main Entrée* Salmon Burger Roasted Potatoes Spinach Salad Roll Cookies
15	16	17	18	19
Closed for Presidents' Day	Main Entrée* Gumbo (mild) Collard Greens Corn Casserole Cornbread Banana Pudding	Main Entrée* Bratwurst w/ Bun Sautéed Peppers & Onions Roasted Potatoes Peas Fruit Jello	Main Entrée* BBQ Chicken Normandy Blend Vegetables Salad Roll Baked Apple Slices	Main Entrée* Macaroni & Cheese Carrot Coins Seasoned Spinach Biscuit Apricots & Peaches
22	23	24	25	26
Main Entrée* Crispy Fish Filet Sandwich Creamed Corn Spring Blend Vegetables Bun Orange	Main Entrée* Chicken Mashed Potato Bowl w/ Carrots Squash Mixed Green Salad Cherry Crumble	Main Entrée* BBQ Meatball Sub Shredded Cheese Broccoli Carrots Fruit Cocktail	Main Entrée* Sweet & Sour Pork Rice Oriental Vegetables Peas Applesauce	Main Entrée* Cheese Quesadilla Sautéed Peppers & Onions Black Beans & Rice Mix Fruit Yogurt Birthday Cake
				HOURS Lowe Center (LC) & Front Street Crossing (FSC) Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays) Drive-Thru / Curbside ONLY

Menu is subject to change without notice.
 **Daily vegetarian lunch option available.
 Please see cashier first.



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.